

**DAILY SCHEDULE**

Upon arrival at the Western Massachusetts Hockey School, each player will be assigned to either Group 1 or Group 2 for the entire week. These two groups are assembled based on the age and skill level of each player.

**Daily Camp Schedule**

**Schedule A**

9:00-10:30am	On ice instruction
10:45-11:30am	Off ice athletics
11:30-12:15pm	Lunch
12:30-2:00pm	On ice instruction
2:30-3:45pm	Classroom/Lecture
3:45pm	Dismissal

**Schedule B**

9:00-10:30am	Off ice athletics
10:45-12:15pm	On ice instruction
12:15-1:00pm	Lunch
1:00-2:00pm	Classroom/Lecture
2:15-3:45pm	On ice instruction
3:45pm	Dismissal

	<b><u>Group 1</u></b>	<b><u>Group 2</u></b>
<b>Monday:</b>	Schedule A	Schedule B
<b>Tuesday:</b>	Schedule B	Schedule A
<b>Wednesday:</b>	Schedule A	Schedule B
<b>Thursday:</b>	Schedule B	Schedule A
<b>Friday:</b>	Schedule A <b>Game 12:30pm</b>	Schedule B <b>Game 2:15pm</b>

**WESTERN**

**MASS**

**HOCKEY**

**SCHOOL**

**WESTERN  
MASSACHUSETTS  
HOCKEY SCHOOL**



**Directed by:**

**Don Cahoon**  
Head Hockey Coach  
University of Massachusetts

**August 10-14, 2009**

at

**William D. Mullins Center**

On the campus of the  
University of Massachusetts  
Amherst, MA

**Ages 7-15**

**2009**  
**WESTERN MASSACHUSETTS HOCKEY**  
**SCHOOL**  
**—Application Form—**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Telephone \_\_\_\_\_

Day Telephone \_\_\_\_\_

Email Address \_\_\_\_\_

Birthdate \_\_\_\_\_ Next Level of Hockey \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

Position:

- Forward      Years of Skating \_\_\_\_\_  
 Defense  
 Goaltender      Years of Travel Hockey \_\_\_\_\_

Team: \_\_\_\_\_

**Signature of Parent/Guardian who agrees with terms/conditions outlined in brochure.**

\_\_\_\_\_  
First Name                      Last Name

\_\_\_\_\_  
(Print Parent Name)

Payment Method (please check one):

- Visa  
 Mastercard  
 Check Enclosed

Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Amount to be charged: \$ \_\_\_\_\_

Cardholder's Signature \_\_\_\_\_

Total Amount Enclosed: \_\_\_\_\_

**Mail completed application and payment to:**

**Western Mass Hockey School**  
**200 Commonwealth Avenue / 307 Mullins Center**  
**Amherst, MA 01003**

Additional information will be sent upon receipt of application.

**CAMP PROGRAM (AUGUST 10 – 14, 2009)**

The Western Mass. Hockey School welcomes hockey players of all abilities, ages 7 to 15. The primary focus of this day camp will be on speed and skill development with an emphasis on three main goals. *The first is that hockey has to be fun. If this is achieved, all other aims will fall into place. The second goal is to maximize the individual potential of each player through well founded scientific, physiological, and psychological precepts. The third goal is to encourage respect for others-without which there can be no success.* All on ice and off ice curriculums are professionally prepared and designed to elevate the play of each participant.

**DAILY PROGRAM FEATURES**

- **Three hours of on ice instruction**
- **Classroom and lecture sessions**
- **Off ice athletic activities**
- **1:8 Coach to Camper ratio**

**FACILITIES**

The Western Mass. Hockey School is a day camp held at the Mullins Center in Amherst, MA. The Mullins Center is one of the finest facilities in Western MA, if not the entire Northeast. Located on the University of Massachusetts campus, the Mullins Center serves as home to the UMass Minuteman Hockey Program. All activities will begin at the Mullins Center or one of the many grass surfaces located near the Mullins Center.

**MEDICAL INFORMATION**

A certified athletic trainer will be on site at all camp sessions. Medical facilities are available on campus in case of emergency.

**All campers MUST have their OWN health insurance.**

**INFORMATION**

For further information call the UMass Hockey Office at (413) 545-4353. This camp brochure can also be found on our website at [www.umassathletics.com](http://www.umassathletics.com). Go to the Men's Hockey site and the Western Massachusetts Hockey School icon is located on the right side.

**TUITION \$350.00 per camper**

We request that completed applications be accompanied by **payment in full** or a **\$100.00 deposit** with half of the remaining balance **due by May 15** and the remainder of the camp tuition **due by July 15**.

Checks made payable to: **Western Mass Hockey School**

**Campers are asked to bring their own lunches.**

**CANCELLATION/RETURNED CHECK POLICY**

All requests for cancellations must be made in writing to Western Mass Hockey School. All monies paid, with the exception of a \$50 administrative fee, will be refunded if the written request is made at least three weeks prior to the start of camp. *No refunds will be given less than two weeks prior to the camp, and there will be a \$25 surcharge on all returned checks.*

**CAMP STAFF**

**Don Cahoon**

**Head Coach, University of Massachusetts**

- 2003 Hockey East Coach of the Year
- 1997-98 **ECAC Champions**
- 1994-95 & 1997-98 NCAA Coach of the Year Finalist
- 1994-95 ECAC Coach of the Year Finalist
- Coached Princeton to the 1995 ECAC Championship Game in Lake Placid
- Assistant Coach of the 1995 U.S. Junior National Team
- Served as Head Coach at Lehigh University, Norwich University, Austria Ice Club in Vienna, and the 1990 U.S. Select 16 Team.
- Served as an Assistant Coach at Boston University, University of Lowell, and the U.S. Junior National Team.
- Played on two **NCAA Championship Teams (1971 & 1972)** at Boston University and served as Assistant Coach at BU with the 1978 **NCAA Championship Team**.
- Member of the 1972 silver medallist U.S. National Team.

**Len Quesnelle**

**Assistant Coach, University of Massachusetts**

- Fifth season as Assistant Coach with the Minutemen
- Served as Head Coach at Princeton University from 2000 to 2004
- Coached Princeton to two consecutive winning seasons in the ECAC from 2000 to 2002.
- Spent 12 years as Assistant Coach at Princeton University
- Served as an Assistant Coach for 9 years on Coach Cahoon's Princeton staff
- 1988 All-Ivy League Defenseman for Princeton University
- Recipient of the Class of 1941 Championship Award

**Dennis "Red" Gendron**

**Assistant Coach, University of Massachusetts**

- Fourth season as Assistant Coach with the Minutemen
- Spent past 18 years coaching at the collegiate, junior, and pro levels
- Served as scout and Assistant Coach for the New Jersey Devils
- Won a Stanley Cup with the Devils in 1995
- Served as an assistant coach at the University of Maine when they won the 1993 NCAA Championship
- Served as assistant coach for Team USA during the 1993, 2001, and 2002 World Junior Championships
- 2006 recipient of the Walter Yaciuk Award given out by USA Hockey

**Brian Phinney - Graduate Assistant, University of Massachusetts**

- Graduate Assistant for the 2008-09 Minutemen Hockey team
- Played professional hockey in Sweden 2005 - 2007
- Played college hockey and lacrosse at Middlebury College
- Won an NCAA Div. III Championship in lacrosse (2002) and two NCAA Div. III Championships in hockey (2004 and 2005)
- Named First Team Div. III All-American in hockey (2005)