



## 2008 SUMMER CAMPS & CLINICS

**WWW.HILLHOCKEY.COM**  
**BRENT@HILLHOCKEY.COM • 802-660-8718**

## ABOUT HILL HOCKEY

Hill Hockey was founded by Brent Hill, former Captain of the St. Michael's College Ice Knights. Brent brings a wealth of knowledge and experience to the ice as he has been a Power Skating and Skills Development Coach for more than 12 years. Originally from Edmonton, Alberta, Canada, Brent played his Youth and Junior hockey in Alberta and British Columbia.

Brent believes that any hockey player can hone their skills and increase their playing confidence given a proper environment for development and a strong work ethic.



### 2008 Camp & Clinic Descriptions:

**POWER SKATING CLINIC** Inside/outside edge work, forward/backwards stride, power turns, crossovers, acceleration, lateral movement, resistance training & more...

**PRE-SEASON 3V3 CONDITIONING CAMP** Fast paced 3v3 play along with other small games, which will be combined with conditioning drills in preparation for tryouts.

**DEFENSE SPECIFIC WEEKEND CAMP** Defensive positioning, gap control, playing the body, point shots, breaking out, puck control, defense specific skating & more...

**SHOOTING & PUCK CONTROL CAMP** All types of shots – wrist, snap, backhand, one-timers. (Slapshots only at the U14 & U17 levels). Fundamental & advanced stickhandling, passing, skating & acceleration with the puck.

**ADVANCED HIGH SCHOOL CAMP** Overspeed training, advanced shooting & puck control, small area games, attacking/defending, conditioning

**SPRING STICKHANDLING CLINIC** Fundamental stickhandling techniques, weighted and steel pucks will be used for strength training.

**SPRING SHOOTING CLINIC** All types of shots – wrist, snap, backhand, one-timers. (Slapshots only at the U14 & Peewee levels).

### Camp & Clinic Information:

- New for 2008 - Girls Only Camps & Clinics (highlighted in RED)
- Camps & Clinics being offered at Cairns Arena, Waterbury, Manchester, Leddy & Kick Ice
- Please note there is a "Cost by" date and a "Cost after" date.
- Sibling discount: 10% off for any sibling that registers for the same camp or clinic.
- Full equipment is mandatory for all camps & clinics.
- Please bring water or sports drink.
- Please bring backup stick for any shooting clinic.

### Hill Hockey also offers:

- Custom Clinics
- Team clinics
- Private lessons
- Small group lessons
- Personal off-ice training
- Custom week long or summer long hockey camps.
- Please contact Brent for more details. 802-660-8718.

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## CAIRNS, SO. BURLINGTON

### POWER SKATING CLINIC

July 20 - August 24 @ Cairns Arena Sundays for 6 weeks

Level	Birth year	Time	Cost by 6/1	Cost after 6/1
U10/U12	96-99	2:00-3:00 pm	\$175.00	\$200.00
U14/U17	91-95	3:10-4:10 pm	\$175.00	\$200.00
MITE	00,01	4:20-5:20 pm	\$175.00	\$200.00
SQUIRT	98,99	5:30-6:30 pm	\$175.00	\$200.00
PEEWEE	96,97	6:40-7:40 pm	\$175.00	\$200.00
ADVANCED	93-95	7:50-8:50 pm	\$175.00	\$200.00

Total # of players per group = 24

### DEFENSE SPECIFIC WEEKEND CAMP

July 11,12,13 @ Cairns Arena 1 Weekend

Level	Birth year	Time	Cost by 6/1	Cost after 6/1
PEEWEE	96,97	Fri 6:00-7:30 pm Sat 8:00-9:30 am Sat 1:00-2:30 pm Sun 8:00-9:30 am	\$175.00	\$200.00

ADVANCED	93-95	Fri 7:40-9:10 pm Sat 9:40-11:10 am Sat 2:40-4:10 pm Sun 9:40-11:10 am	\$175.00	\$200.00
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Total # of players per group = 24

### ADVANCED HIGH SCHOOL CAMP

Aug 4-8 @ Cairns Arena Mon-Fri - 1 Week

Level	Birth year	Time	Cost by 6/1	Cost after 6/1
H.S. GIRLS	90-94	3:20-6:20 pm	\$375.00	\$400.00
H.S. BOYS	90-94	6:30-9:30 pm	\$375.00	\$400.00

Total # of players per group = 24

### GIRLS ONLY SHOOTING & PUCK CONTROL CAMP

Aug 18-22 @ Cairns Arena Mon-Fri - 1 week

Level	Birth year	Time	Cost by 6/1	Cost after 6/1
U10	98,99	9:00-10:00 am	\$125.00	\$150.00
U12	96,97	10:10 am-12:10 pm	\$250.00	\$275.00
U14	94,95	12:20-2:20 pm	\$250.00	\$275.00
U17	91-93	2:30-4:30 pm	\$250.00	\$275.00

Total # of players per group = 24

## RILEY, MANCHESTER

### GIRLS ONLY SHOOTING & PUCK CONTROL CAMP

July 7-11 @ Riley Arena Mon-Fri - 1 week

Level	Birth year	Time	Cost by 6/1	Cost after 6/1
U10	98,99	8:30-9:30 am	\$125.00	\$150.00
U12	96,97	9:45-11:45 am	\$250.00	\$275.00
U14	94,95	12:00-2:00 pm	\$250.00	\$275.00
U17	91-93	2:15-4:15 pm	\$250.00	\$275.00

Total # of players per group = 24



### SHOOTING & PUCK CONTROL CAMP

July 21-25 @ Riley Arena Mon-Fri - 1 week

Level	Birth year	Time	Cost by 6/1	Cost after 6/1
MITE	00,01	11:30 am-12:30 pm	\$125.00	\$150.00
SQUIRT	98,99	12:45-2:45 pm	\$250.00	\$275.00
PEEWEE	96,97	3:00-5:00 pm	\$250.00	\$275.00
ADVANCED	93-95	5:15-7:15 pm	\$250.00	\$275.00

Total # of players per group = 24

### POWER SKATING CLINIC

Aug 1,2,3 @ Riley Arena 1 weekend

Level	Time	Cost by 6/1	Cost after 6/1
SQUIRT, PEEWEE, BANTAM	Fri 6:00-7:30 pm	\$175.00	\$200.00
Birth years: 94-99	Sat 8:00-9:30 am		
	Sat 1:00-2:30 pm		
	Sun 8:00-9:30 am		

U12, U14, U17	Fri 7:45-9:15 pm	\$175.00	\$200.00
Birth years: 91-97	Sat 9:45-11:15 am		
	Sat 2:45-4:15 pm		
	Sun 9:45-11:15 am		

Total # of players per group = 24

## ICE CENTER, WATERBURY

### GIRLS ONLY SHOOTING & PUCK CONTROL CAMP

Aug 11-15 @ Waterbury Mon-Fri - 1 week

Level	Birth year	Time	Cost by 6/1	Cost after 6/1
U10	98,99	8:30-9:30 am	\$125.00	\$150.00
U12	96,97	9:45-11:45 am	\$250.00	\$275.00
U14	94,95	12:00-2:00 pm	\$250.00	\$275.00
U17	91-93	2:15-4:15 pm	\$250.00	\$275.00

Total # of players per group = 24

## LEDDY, BURLINGTON

### PRE-SEASON 3v3 CONDITIONING CAMP

Sept 17, 18, 19 @ Leddy's Studio Arena 3 days

Level	Birth year	Time	Cost by 6/1	Cost after 6/1
Squirt	98,99	5:30-6:45 pm	\$100.00	\$125.00
Peewee	96,97	6:50-8:05 pm	\$100.00	\$125.00

Total # of players per group = 18

### GIRLS ONLY PRE-SEASON 3v3 CONDITIONING CAMP

Sept 24, 25, 26 @ Leddy's Studio Arena 3 days

Level	Birth year	Time	Cost by 6/1	Cost after 6/1
U12	96,97	5:30-6:45 pm	\$100.00	\$125.00
U14	94,95	6:50-8:05 pm	\$100.00	\$125.00

Total # of players per group = 18

## KICK ICE, WINOOSKI

### SPRING SHOOTING CLINIC

March 23 - April 27 @ Kick Ice Sundays for 6 weeks

Level	Birth year	Time	Cost by 3/1	Cost after 3/1
U12	96,97	4:00-5:00 pm	\$125.00	\$150.00
U14	94,95	5:15-6:15 pm	\$125.00	\$150.00
SQUIRT	98,99	6:30-7:30 pm	\$125.00	\$150.00
PEEWEE	96,97	7:45-8:45 pm	\$125.00	\$150.00

Total # of players per group = 16

### SPRING STICKHANDLING CLINIC

May 19 - June 23 @ Kick Ice Mondays for 6 weeks

Level	Birth year	Time	Cost by 4/1	Cost after 4/1
U12	96,97	4:00-5:00 pm	\$125.00	\$150.00
U14	94,95	5:15-6:15 pm	\$125.00	\$150.00
SQUIRT	98,99	6:30-7:30 pm	\$125.00	\$150.00
PEEWEE	96,97	7:45-8:45 pm	\$125.00	\$150.00

Total # of players per group = 16

## HILL HOCKEY APPLICATION

Send application to: 20 Kimball Ave Suite 204  
So. Burlington, VT 05403

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Previous Team & Level: \_\_\_\_\_

Parents or Guardians: \_\_\_\_\_

Jersey Size: Youth:  L/XL Adult:  S  M  L  XL

Clinic(s) you are signing up for:

- Power Skating Clinic
- Defense Specific Weekend Camp
- Advanced High School Camp
- Shooting & Puck Control Camp
- GIRLS ONLY Shooting & Puck Control Camp
- Pre-Season 3v3 Conditioning Camp
- GIRLS ONLY Pre-Season 3v3 Conditioning Camp
- Spring Shooting Clinic
- Spring Stickhandling Clinic

Location(s):  Cairns  Manchester

Waterbury  Leddy  Kick Ice

Level: \_\_\_\_\_ (please write in)

Total Cost: \$ \_\_\_\_\_

Payment Method:  Check  Visa  MasterCard  
 AMEX  Discover

Card # \_\_\_\_\_ Exp: \_\_\_\_\_

Security code \_\_\_\_\_ Signature: \_\_\_\_\_

I enroll my son/daughter in HILL HOCKEY, aware of the inherent risks involved in playing hockey. I attest that the applicant is in good health and capable of participating in a rigorous athletic program. I voluntarily recognize, accept and assume the risks involved and release HILL HOCKEY, Brent Hill, Cairns Arena, and all the instructors involved. In the event of injury, I give my permission for those in charge to seek medical attention.

Signature of parent or guardian \_\_\_\_\_ Date \_\_\_\_\_

FULL EQUIPMENT IS MANDATORY FOR ALL CAMPS & CLINICS • PLEASE BRING WATER OR SPORTS DRINK  
PLEASE BRING BACKUP STICK FOR ANY SHOOTING CLINIC